



200 KIERYCH MEMORIAL DRIVE JACKSON NJ 08527

**JACKSON BUREAU OF FIRE SAFETY**  
**FIRE DISTRICT No. 1 & 3**  
***FIRE SAFETY INFORMATIONAL BULLITEN***

2004-010

Contact Information:

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Fire Commissioners**

**Fire District No. 3**

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**Fire Safety Bureau**

Fire Official Frank McDonell

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**EMERGENCY  
DIAL**



## **Fire Safety in the Kitchen**

Kitchen fires are a leading cause of injury and death. Most kitchen fires are preventable if these fire safety tips are followed.

1. Stay in the kitchen when cooking
  - Never leave cooking unattended. Oil or fat can ignite
  - Always turn oven and burners off when you are finished cooking
  - Always unplug electrical appliances when not in use
  - Keep children a safe distance from cooking area
2. Stay Alert
  - Cooking requires you to be rested and alert
  - Avoid cooking when under the influence of alcohol or medications
3. Wear short or close-fitting sleeves
  - Avoid loose sleeves that may contact burners and catch fire
  - Avoid storing items on or above your stove
4. Turn pot handles in
  - Prevent burns and stove-top fires by turning pot handles toward the back of the stove when cooking
  - Whenever possible use rear burners. Pot handles that stick out can be easily bumped or grabbed by a small child
5. Clean cooking surfaces
  - Keep appliance surfaces free of spills and grease that may catch fire
6. Keep combustible items clear of stove
  - Keep curtains, dish towels, plastic containers and pot holders away from hot surfaces
7. Operate Microwaves safely
  - Always use pot holders or oven mitts to remove food from microwaves
  - Remove lids carefully to avoid steam burns
8. Don't overload electrical outlets
  - Avoid overloading electrical outlets with too many kitchen appliances
  - Carefully examine electrical cords and discard any that are frayed, cracked or damaged
9. Working smoke alarms save lives
  - Purchase and install working smoke alarms. Specialized alarms are available for the kitchen
  - Test smoke alarms monthly and for battery operated smoke alarms replace batteries at least once a year